



HCF STATE LEAGUE

Competition Manual

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1. OBJECTIVES

The Netball ACT HCF State League (HCFSL) is the premier netball competition in the ACT, consisting of several Divisions. Teams that compete in the HCFSL are representative of Netball ACT District Associations and invitational District Associations from around the region.

The following Competition Rules have been provided to ensure the objectives of the HCFSL Competition are met. These objectives are to:

HCF State League – 19U

- Identify and develop talented athletes within or having the potential for NACT pathways
- Provide elite competition opportunities for athletes
- Provide a regular competition environment
- Provide elite competition opportunities for NACT State Team fringe athletes
- Provide elite competition opportunities for coaches, umpires and officials

HCF State League – Division 1 and 2 (Open competition)

- Identify and develop emerging national athletes
- Bridge gaps between age representative structures and national competitions
- Provide elite competition opportunities for athletes
- Provide a regular competition environment
- Provide elite competition opportunities for coaches, umpires and officials

HCF State League – Mens League

- Provide representative competition opportunities and exposure for athletes
- Provide a regular competition environment
- Provide development opportunities for coaches, umpires and official

2. DEFINITIONS

“Competition” HCFSL staged by NACT and run annually at a time and duration as stated by NACT;

“Competition Rules” HCFSL Competition Rules as amended by NACT from time to time;

“Competition Points” points awarded to a Team based on the outcome of their Match which is used to determine the Teams position in the Competition

“Division” Separation of the competition offered

“District Associations” an organisation or association formed to promote netball in an area of the Australian Capital Territory with objects similar to the objects of the Association;

“League Manager” refers to the NACT employee responsible for promoting and implementing the Competition in line with the Competition Rules the specific title of which may be amended from time to time;

“INF” International Netball Federation

“Match” means all netball matches played between the Teams as part of the Competition and all netball matches between some or all of the Teams in respect of other events;

“MyNetball” NACT’s Membership and Competition Management Database;

“NACT” ACT Netball Association Incorporated trading as Netball ACT, the governing body for netball in the Australian Capital Territory (ACT);

“NACT Umpire Advisory Member” A NACT appointed Umpire, who will allocate and coach HCFSL umpires.

“Player” any person who is named on the NACT Team Form;

“Round” a series of matches that occupies a specified times, contains a certain number of teams, and allows each team to play each other

“Team” any entity granted the right by NACT to participate in the Competition

“Team Form” Official NACT document to register in the Competition

“Score Sheet” NACT approved document for scoring

3. COMPETITION FORMAT

3.1. Competition Format

3.1.1. The Competition will be played in a home and away series comprising of ten (10) rounds, plus finals.

3.1.2. The game rules will be in accordance with the INF Rules of Netball and INF Regulations as amended from time to time unless modified in the Competition Rules

3.2. Match Format

3.2.1. Matches shall be played for a period as follows:

- a) Sixty (60) minutes divided into four (4) quarters, each of fifteen (15) minute duration;
- b) The fifteen (15) minute duration for each quarter will be actual playing times and will not include stoppages in play.

3.2.2. Intervals shall be taken between each quarter as follows:

- a) The quarter time intervals will be a maximum period of three (3) minutes;
- b) The half time interval will be a maximum period of five (5) minutes

3.2.3. Only the officiating Umpires may stop a Match (temporarily or indefinitely) due to extraordinary circumstances that may be deemed an emergency. This may include but is not limited to failure of equipment or facilities, a seriously injured Player, or any other reason deemed necessary by the officiating Umpires.

3.2.4. All games are to be played at the SolarHub ACT Netball Centre or as scheduled by NACT.

3.2.5. At the discretion of the approved NACT Staff Member or League Manager, matches may be delayed, postponed or abandoned for any reason deemed justifiable

including but not limited to poor conditions in the field of play, equipment damage or failure and recommendations made by the Umpire.

- a) Where a delayed Match is unable to be resumed within 30 minutes of the scheduled start time, the Match will be postponed;
 - b) When a Match is postponed, it will be re-scheduled at the discretion of NACT at a time and place deemed suitable; or
 - c) Where a postponed Match is unable to be re-scheduled, the Match will be abandoned in which case the following will apply:
 - i. Teams will receive 3 Competition Points; and
 - ii. All players listed on the Score Sheet at the time of the abandoned round will be credited with playing 4 quarters.
- 3.2.6. There will be no deferment of games: teams will play their games as set down in the draw. If a District Association is unable to field a team, they must forfeit their game and pay the appropriate forfeit fee.
- 3.2.7. A forfeit fee of \$300 will be incurred when a team forfeits.
- 3.2.8. Each Player must play in the identical playing uniform.
- 3.2.9. The competition structure will comprise four divisions to be named:
- a) Division 1
 - b) Division 2
 - c) 19 & Under (19U)
 - d) Men's League
- 3.2.10. The NACT League Manager will make the final decision as to the draw and the scheduling of Matches.
- 3.2.11. The top four (4) Participating Teams from the Minor Round Matches for each of the Divisions will advance to the respective Finals Series for Division 1, 2, 19U and Mens League

3.3. Match Points

- 3.3.1. The official score sheet is the only true record of the Match.
- 3.3.2. If due to unforeseen and exceptional circumstances a Match cannot be rescheduled or completed prior to half time, the teams involved will receive 3 Competition Points.
- 3.3.3. In the preliminary rounds, Competition Points will be awarded as follows:
 - a) five (5) Competition Points for a win or forfeit to;
 - b) three (3) Competition Points for a draw;
 - c) one (1) Competition Point for a loss; and

- d) zero (0) Competition Points for a Team that forfeits.
- 3.3.4. The team forfeited to will also be awarded a 15 to nil goal difference.
- 3.3.5. The finals format for Division 1, 2, 19U and Mens League will be as follows, unless otherwise formally advised in writing at the start of the Competition by the League Manager:
- a) 1st Semi Final 3rd v 4th
 - b) 2nd Semi Final 1st v 2nd
 - c) Preliminary Final Loser of 2nd Semi Final v winner of 1st Semi Final
 - d) Grand Final Winner of 2nd Semi Final v winner of Preliminary Final
- 3.3.6. The top four positions will be decided on by the Competition Points after the final Round of matches.
- 3.3.7. Where two teams are on the same Competition Points, positions for Semi Finals shall be decided on the goal percentages calculated by MyNetball.
- 3.3.8. The number of games played includes games a team has forfeited, or where a team has received forfeits.
- 3.3.9. No disputes will be entered into regarding score sheets where the two team score bench representatives have signed the score as final.
- a) if there is a dispute about the score on the score sheet, then the dispute will be raised with the League Manager who in consultation with the score bench will ascertain to the best of their ability the situation, and will decide the outcome of the game;
 - b) no further disputes will be entered into.

4. Match Rules

4.1. Matches will be played in line with the INF Rules of Netball, with the addition of Rolling Substitutions.

4.2. Rolling Substitution

- 4.2.1. NACT will be responsible for marking the substitution zones for each team.
- 4.2.2. Teams will be allowed to make substitutions during play, this includes during stoppages and intervals. There is no limit to the number of substitutions that can be made, and more than one substitution may be made at any time. Play will not be held up for substitutions.
- 4.2.3. Teams are required to submit a substitution slip to the Bench as soon as the substitution has been made.

- 4.2.4. The substitute player must stand wholly inside the substitution box to indicate a substitution is to take place.
- 4.2.5. The incoming player must wait until the player being replaced enters the substitution box before entering the field of play.
- 4.2.6. Players must observe the offside rules when entering the court. Failure to do so will result in a sanction in line with INF rule 9.7 Offside with a free pass being awarded where the ball was at the time of the infringement or at the point of the infringement which ever favours the non-infringing team.
- 4.2.7. Team Managers are required to submit a substitution slip to the Bench as soon as the substitution has been made.

5. ELIGIBILITY

5.1. Player Eligibility

- 5.1.1. Players can only play for one District Association in each Competition.
- 5.1.2. To be eligible to participate in the Competition, Players must be a registered member of their District Association and appear as financial on the MyNetball database.
- 5.1.3. District Associations are to fully complete and lodge the Team lists on the MyNetball database by the nominated date as set by NACT.
- 5.1.4. All District Association entries must list on the MyNetball database a minimum of seven (7) and a maximum of (15) Players for each team entered as at the closing date of entries.
 - a) any new Player after the closing date must be a registered member and be entered into the MyNetball database before taking the court.
- 5.1.5. New Player registration regulations will:
 - a) not be accepted after Round 8 of the Competition;
 - b) any exemption requests are to be submitted in writing to NACT for consideration;
- 5.1.6. Players in 19U must not be older than 19 years of age as at 31 December in the year of play.
- 5.1.7. The minimum playing age for any Division is 15 as at 31 December in the year of play.
- 5.1.8. A Player may only play in a team one division lower than the team in which they are registered, and in accordance with rule 5.1.6 & 5.1.7. For avoidance of doubt a Division 1 Player would not be eligible to play in a 19U Team, even if of an eligible age.

- 5.1.9. Once a Player takes the court in twelve (12) quarters in a higher Division, on taking the court in the 12th quarter that Player will remain in the higher Division for the remainder of the season and will not be eligible for finals in a lower division.
- 5.1.10. Once a Player takes the court in eight (8) quarters in a lower Division, on taking the court in the 8th quarter will remain in the lower Division for the remainder of the season and will not be eligible for finals in the higher division.

5.2. Finals Eligibility

- 5.2.1. To be eligible for finals a Player must play a minimum of twelve (12) quarters in the Division they are registered.
- 5.2.2. An eligible Player may participate in more than one Division in a final series; however, they are not permitted to play in a Division lower than the Division they are qualified in.
- 5.2.3. With regards to 19U and Mens League, exemptions will be considered on application in writing to the League Manager.
- 5.2.4. Any team found to be playing an ineligible Player in the final series for a Division will be disqualified in that game in which the ineligible Player has taken part.
- 5.2.5. If there is a draw in the final series the game shall be continued to a result in accordance with the INF Rules of Netball.

6. MATCH OPERATIONS

6.1. Umpires

- 6.1.1. All HCFSL Umpires are required to be registered and financial with a District Association.
- 6.1.2. NACT Umpire Advisory Panel will be responsible for the allocation and supervision of umpires during matches.
- 6.1.3. The NACT Umpire Advisory Panel shall have access to the Field of Play in designated areas to observe the Match, but without impacting on any operational requirements.
- 6.1.4. NACT is to be notified of all State League umpire coach/mentors that will be coaching/mentoring umpires at State League matches.
- 6.1.5. If an Umpire has not arrived 20 minutes prior to the commencement of the Match, a replacement Umpire may take the court, providing that they meet the allocation requirements of the match.
- 6.1.6. A NACT staff member will be appointed by NACT to communicate umpire allocations for the Competition.
- 6.1.7. NACT will provide a shirt for each umpire within the HCFSL Umpire Pool.

6.2. Score Benches

- 6.2.1. It is compulsory for teams to provide bench officials who are over the age of 18 for scheduled Matches:
 - a) the first named team in the draw is to provide two (2) bench officials for the game, who must be in attendance to commence the fifteen (15) minute warm up clock; and
 - b) the second named team is to provide one (1) bench official, who must be in attendance to commence the fifteen (15) minute warm up clock.
- 6.2.2. NACT will provide the bench with stopwatches and umpire alerts.
- 6.2.3. Teams will submit Team Lists fifteen (15) minutes prior to commencement of the Match and substitution forms as required during the Match.

6.3. Primary Carer

- 6.3.1. All teams are required to provide a Primary Carer for the matches and record them on the Team List.
- 6.3.2. It is compulsory that lanyards be worn by the Primary Carer for each team. Primary Carers will not be permitted on the court without this identification.
- 6.3.3. The Primary Carer cannot perform the role of any other Team Official during the Match (e.g. a Primary Carer cannot be a team Manager and Primary Carer for the same Match).

6.4. Uniform Regulations

- 6.4.1. Any modifications to team uniforms must be sent into NACT fifteen (15) weeks prior to the competition commencing. NACT will require the full supplier design PDF mock-up of the full team kit including any logo and bib sizing.
- 6.4.2. Teams are not to produce team kit until written confirmation from NACT is received.

7. DISCIPLINARY RULES

7.1. Application

- 7.1.1. NACT may enforce the terms of these Competition Rules and impose sanctions only if it has given the party alleged to have breached these Competition Rules reasonable notice of the alleged breach; and the opportunity to be heard and to make submissions in relation to that alleged breach and possible sanction
- 7.1.2. All participants of the Competition including but not limited to Players, Umpires, Coaches and Team Officials who have breached the Code of Behaviour or [Netball Australia Member Protection Policy](#) may be subject to disciplinary action as listed within the Netball Australia Member Protection Policy
- 7.1.3. The incident of potential misconduct may have occurred before, during or after the Match. The incident must have occurred within the confines of the Match venue or

its immediate surrounds, or elsewhere if directly related to Competition activity of any sort, and may be made regardless of any action taken by the Umpires during the Match

7.2. Codes of Behaviour

- 7.2.1. All participants taking part in the Competition are required to act in accordance with the National Codes of Behaviour published as part of the Netball Australia Members Protection Policy as amended from time to time.

7.3. Reporting Process

- 7.3.1. All complaints lodged with NACT in relation to the Competition will be dealt with in accordance with the procedures of the Netball Australia Member Protection Policy.
- 7.3.2. An incident must be reported to the League Manager within 2 business days (48 hours) of the incident occurring via media@netballact.com.au